

your mind!



6 COURSES

to get you in shape for the High Holidays!

★ **FREE warm-up course...**

Let the Race Begin: The Deeper Meaning of the Shofar

Rabbi Leon A. Morris



Where?

Courses take place at the Skirball Center
10 East 65 Street
New York City
unless otherwise indicated.

Repentance: God's and Our's

Dr. Neil Gillman

Reflection & Renewal:

Films for the Month of Elul

Faye Lederman

**Repentance, Prayer, and
Charity Reinterpreted**

Jay Henry Moses

**Prayer, Pleading, and Piety:
Words of Rosh Hashanah**

Rabbi David Silber

In the Original: High Holiday Hebrew

Michal Nachmany

Look for the fall course guide in September!

Fall courses begin Monday, October 16.

More information at: www.adultjewishlearning.org/fall

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The Skirball Center for Adult Jewish Learning at Temple Emanu-El

One East 65th Street | New York, NY 10021

6 ENERGIZING COURSES
to prepare you for
the High Holidays

**6 ENERGIZING
COURSES**
designed to
stretch your spirit!

September 6-20, 2006

At The Skirball Center
for Adult Jewish Learning
at Temple Emanu-El

Are you fit

for the **High Holidays?**



Let the Race Begin: The Deeper Meaning of the Shofar



Tuesday evening **September 5**

This **FREE 1-hour course** will take place (on the floor) at **Jivamukti Yoga School**
853 Lexington Ave, 2nd Floor
between 64th & 65th Streets
in New York City.

Rabbi Leon A. Morris
8:00–9 pm

Explore the shofar, which has far more significance than a simple ritual prop for the High Holiday liturgy. Its shape, the rhythm of its differing blasts, and the sound itself are all ascribed great religious significance. Intended to wake us up from the slumber of our carelessly lived lives, the shofar uses our lips and ears to warm us up to the power of this season.

Rabbi Leon A. Morris is the Director of the Skirball Center for Adult Jewish Learning.

Join us on Wednesday, **September 6, 13, 20. \$80** per course

Workout your mind on Wednesday

Repentance: God's and Our's

Dr. Neil Gillman
6:30–8 pm

How did *t'shuvah* (repentance) become the central theme of the High Holiday season? Why does God welcome it? How can we accomplish it? Does it really work? Judaism has devoted much energy to understanding the theological and psychological dynamics of this impulse. How does the Jewish view differ from the Christian? Study its roots in the literature of the prophets, its elaboration in the Talmudic midrash, and its codification in Maimonides. Finally, in this post-Holocaust era, can we demand repentance of God as well?



Dr. Neil Gillman is Professor of Jewish Philosophy at the Jewish Theological Seminary. A world-renowned thinker and teacher, Neil is the author of several seminal

books on Jewish theology, including *Sacred Fragments: Recovering Theology for the Modern Jew*.



Get fit and register today!

www.adultjewishlearning.org
or call **212.507.9580**

Reflection & Renewal: Films for the Month of Elul

Faye Lederman
6:30–9 pm

The month of Elul compels us to step back and reconsider our thoughts, deeds, and relationships in the hope of raising ourselves to a higher level in the coming year. Join us as we screen and discuss three films, which raise key questions about morality and justice, forgiveness in intimate relationships, and personal responsibility in a world of unending humanitarian crises. Analyze the films' narratives and characters, using them as springboards to move into a mindset for personal reflection and renewal. Films: *Crimes and Misdemeanors* (Woody Allen, 1989); *A Healthy Baby Girl* (Judith Helfand, 1997); and *Current Events* (Ralph Arlyck, 1990).

More information about all films is available at www.adultjewishlearning.org/film



Faye Lederman is a Producer/Director whose films include *Women of the Wall*, *The New Old Country*, and *A Good Uplift*. Her work has screened in dozens of festivals, universities, museums, and conferences, and has been broadcast on PBS and screened in Europe and Africa. Faye is a part-time faculty member at the School of Visual Arts and a member of the Working Group on Jews, Religion, and Media at NYU's Center for Religion and Media.

Repentance, Prayer, and Charity Reinterpreted

Jay Henry Moses
6:30–8 pm

The spiritual masters who created Hasidism, armed with a potent mix of mystical inspiration and psychological insight, took familiar Jewish concepts and practices and reinterpreted them in creative and sometimes startling ways. Come explore Hasidic approaches to classic High Holiday themes and ideas, centering around *t'shuvah* (repentance), *tzedaka* (charity), and *tefilla* (prayer), the three acts that the High Holiday liturgy tells us "avert the severity of the decree." See how Hasidic texts can help us develop our personal "midot," the character traits and spiritual disciplines that Judaism encourages us to refine as we approach the Days of Awe.



Jay Henry Moses is the Director of the Wexner Heritage Program. He sits on the board of Kavod, a non-profit tzedakah collective, and also served as its emissary to Jerusalem and as its allocations chair. He is on the Faculty of the Jewish Community Center in Manhattan and its Makom: Center for Mindfulness, and has also taught at the 92nd Street Y.



Courses take place at:

10 East 66th Street, NYC

Lunchtime Learning

Prayer, Pleading, and Piety: Words of Rosh Hashanah

Rabbi David Silber
12–1:30 pm

Examine the deeper meanings of the classic prayers of Rosh Hashanah as they appear in the *Machzor*, the High Holiday Prayer book. How do we relate to God as King through prayer? Study motifs and themes of the *Zikhronot* (Remembrance) section of the *Amida* prayer to gain a better understanding of the concept of Rosh Hashanah as it emerges from the liturgy. Discuss the Binding of Isaac, one of the best-known and most complex stories of the Bible. Carefully analyze this text and the many questions it raises, and discover its connection to Rosh Hashanah. Delve into the story of Hannah from the Book of Samuel, which is the *haftarah* (prophetic reading) for Rosh Hashanah. What is the relationship between Hannah's story and Rosh Hashanah? Why was this story chosen as the *haftarah*? Finally, discuss some of the basic precepts of prayer as they emerge from Hannah's story.



Rabbi David Silber is the Founder and Dean of Drisha Institute for Jewish Education. He received ordination from the Rabbi Isaac Elchanan Theological Seminary. He received the Covenant Award in 2000.

Monday and Wednesday evening

Hebrew

September 6, 11, 13, 18, 20
\$120 per level

In the Original

High Holiday Hebrew

Michal Nachmany

LEVEL 1: 6-7:30 PM

For those who don't know how to read or understand Hebrew

LEVEL 2: 7:30-9 PM

For those who can read Hebrew and want to begin to understand

Do you go to synagogue faithfully every Rosh Hashanah and Yom Kippur but hardly understand a word? Or do you stay away from synagogue because you don't understand the liturgy? Either way we are here to help! Come to this intensive three week session and pick up the essentials for reading and understanding the Rosh Hashanah and Yom Kippur liturgy in the original Hebrew.



Michal Nachmany is a graduate of the Hebrew University of Jerusalem. Michal has taught modern and liturgical Hebrew for the past 20 years at synagogues and institutions throughout the city.

